

Davíð R.M.A. Højgaard

Clinical Psychologist, Ph.D.

↑ Icelandic and born on October 6th, 1974.
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Employment Experience

2017 – Current	Department of Child and Adolescent Psychiatry, Aarhus University Hospital, Psychiatry - Psychologist, Researcher
2017 – 2017	Aarhus University – Post Doctorate
2017 – 2017	Aarhus University – Research Assistant
2016 – 2017	Aarhus University – PhD scholarship
2013 – 2016	Center for Child and Adolescent Psychiatry, Central Denmark Region, Research unit. Psychologist, PhD fellow.
2011 – 2013 & 2007 – 2009	Psychiatric emergency ward 33c, The National University Hospital of Iceland. Assistant <i>General assistance and caretaking of patients on a psychiatric emergency ward. Specialized in dealing with physically threatening crisis situations.</i>

Education

2013 - 2017	PhD Program at Aarhus University, Department of Health, Clinical Medicine Thesis: <i>Symptom Patterns, Co-morbidity and Treatment Outcome in Child and Adolescent Obsessive-Compulsive Disorder</i>
2009 - 2012	Cand. Psych. MSc, Aarhus University Thesis: <i>Borderline Personality Disorder and Verbal Working Memory – A Review & Verbal working memory in the development of core beliefs and the effect of negative valence on working memory in Borderline Personality Disorder</i>
2006 - 2009	Psychology B.S., University of Iceland Thesis: <i>Rearing practices and impulsivity/hyperactivity symptoms in relation to inflated responsibility and obsessive-compulsive symptoms</i>
2004 - 2006	Ergo og Fysioterapiskolen in Aarhus
1990 - 1994	Flensborgarskólinn i Hafnarfirdi (High school) <i>Student from the field of natural sciences, with a focus on mathematics, physics, chemistry, and biology.</i>

Certifications

2013	Licensed Psychologist, Iceland
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Continuing Education

2016	CBT for the Treatment of Anxiety and OCD, sponsored by Rogers Memorial Hospital in Tampa, Florida. APA approved (7.0 Continuing Education Credits)
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Research

2020-present	Principal investigator in a Danish nationwide study on selective mutism.
2018-present	Principal investigator in a Danish registry-based study on the long-term effects of OCD.
2016-present	Researcher in a project on group therapy for child and adolescent OCD
2013-present	Researcher in the Nordic Long-term OCD Treatment Study (NordLOTS) group.
2018-present	Collaboration with the University of Iceland and the Icelandic University Hospital on several projects.
2012	Independent research project

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A project investigating Word Length Effect and Orthographic Neighborhood Size in an Icelandic sample. Independent project with Guðmundur Daði Haraldsson in cooperation with the University of Iceland.

Editorial Duties

2021 – Current Associate Editor, Child Psychiatry and Human Development
2019 – Current Editorial board member, Bulletin of the Menninger Clinic - ISSN: 0025-9284.
2017 – Current Editorial board member, Journal of Cognitive Psychotherapy - ISSN: 08898391.
2017 - Current Reviewer on 82 manuscripts for various journals including Nordic Journal of Psychiatry, Journal of Cognitive Psychotherapy, Journal of Anxiety Disorder, Journal of Affective Disorders, Cognitive Behaviour Therapy, Psychiatry Research, Journal of the American Academy of Child and Adolescent Psychiatry, Journal of Clinical Psychology, Acta Psychiatrica Scandinavica, Journal of Clinical Psychiatry.

Teaching

2020-Current Supervisor on a 2 PhD projects (Aarhus University & University of Iceland)
2019 - Current Co-supervisor for a medical student during a research year.
2019 Supervisor for research trainee in psychology.
2019 Two seminars for clinicians on cognitive behavioral therapy for child and adolescent OCD.
2018 - Current External Censor for the University of Iceland, Psychology Department.
2018 - Current Supervisor on 2 PhD projects, 1 MSc project and several smaller projects.
2015 Aarhus University - Organizing and teaching a seminar for MSc students in psychology titled: "OCD in children and adolescents".
2015 Seminar for psychologists on the Children's Yale-Brown Obsessive-Compulsive Scale.
2013 Co-supervisor on a BS project in psychology at the University of Iceland.

Conferences

2023 [planned] ESCAP 2023 – Symposia speaker.
2022 Psykiatriens forskningsdag (AUH) – poster presentation
2022 AACAP's 69th Annual Meeting – poster presentation
2020 AACAP's 67th Annual Meeting – Symposia, speaker.
2019 Psykiatriens forskningsdag 2019 – poster presentation
2019 BUP-DK Annual Meeting – Oral presentation.
2018 AACAP's 65th Annual Meeting – Symposia, Invited speaker.
2018 NCP Reykjavík 2018 – Symposia, oral presentation.
2018 Neuroscience day 2018 Aarhus University – Oral presentation.
2018 BUP-DK Annual Meeting – Oral presentation.
2017 Psykiatriens forskningsdag (AUH) – Oral presentation & poster presentation (1st price for poster).
2017 EABCT 17 – Symposia, oral presentation.
2017 Psykologernes kvartalsmøde – Oral presentation.
2016 AACAP's 63rd Annual Meeting – Poster presentation.
2015 PhD day - Oral presentation.
2015 16th International ESCAP Congress. From Research to Clinical Practice: Linking the Expertise– Poster presentation.
2015 BUP-DK Annual Meeting – Oral presentation.
2015 PhD day - Poster presentation.

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2014 Nordic Child and Adolescent Psychiatric (NordCAP) Research Meeting – Oral presentation.
2013 Psykiatriens forskningsdag (AUH) – poster presentation.

Visiting Scholar

2016 University of South Florida, College of Medicine as a Visiting Scholar from 1/12/2016 to 31/12/2016.
During the stay, I was introduced to the treatment procedures at Rogers Behavior Health in Tampa FL and was invited to collaborate on several studies based on data from their treatment center.

International Relations

List of main international research relations:

Tord Ivarsson - Center for Child and Adolescent Mental Health, Eastern and Southern Norway, Oslo, Norway.

Edmund Sonuga-Barke - Inst. of Psychiatry, King's College London

Eric A. Storch - Psychiatry & Behav Sciences, Baylor College of Medicine, Houston, TX, USA.

Gudmundur Skarphedinsson – Department of Psychology, University of Iceland, Iceland.

Bernhard Weidle - Regional Center for Child and Youth Mental Health, Norwegian University of Science and Technology, Trondheim, Norway.

Robert R. Selles - University of British Columbia and BC Children's Hospital, Vancouver, BC, Canada.

S. Evelyn Stewart - University of British Columbia and BC Children's Hospital, Vancouver, BC, Canada.

Scott Compton - Duke University Medical Center, Durham, NC, USA.

Languages

Icelandic: Native, Danish: Bilingual Proficiency, English: Full Professional Proficiency, German: Elementary Proficiency

Funds

2021 Helsefonden
2019 – 2020 Børne- og ungdomspsykiatrisk Centers Regionale Forskningsmidler
2016 Augustinusfonden, travel fund.
2016 Aarhus Universtiy, travel fund.
2014 Lundbeckfoundation, PhD scholarship.
2014 Central Region Denmark Psychiatric Research Fund, PhD scholarship.
2011 A. P. Møllers Fund for Icelandic students in Denmark.

Publications

Published scientific publications = 43

h-index (November 2023): Google Scholar = 15 (660 citations), Web of Science = 12 (346 citations)

Book chapters = 3, Magazine publications = 4

[In preparation] Torp, N. C., Højgaard, D. R. M. A., Jensen, S. (n.d.). *Do Expectancy and Compliance influence outcome in Pediatric Obsessive Compulsive Disorder?*

- [In preparation] Skarphedinsson, G., Weidle, B., Thomsen, P. H., Dahl, K., Torp, N. C., Nissen, J. B., Melin, K., Hybel, K., Valderhaug, R., Højgaard, D. R. M. A., Jensen, S., & Ivarsson, T. (n.d.). *Three-Year Follow-Up of Cognitive-Behavioral Treatment (CBT) Non-Responding Youth with Obsessive-Compulsive Disorder Initially Randomized to Continued CBT or Sertraline*.
- [Under review] Smarason, O., Selles, R. R., Højgaard, D. R. M. A., Best, J. R., Melin, K., Ivarsson, T., Thomsen, P. H., McBride, N. M., Storch, E. A., Geller, D., Wilhelm, S., Farrell, L. J., Waters, A. M., Mathieu, S., Soreni, N., Stewart, E. S., & Skarphedinsson, G. (2022). Exploring Latent Clusters in Pediatric OCD based on Symptoms, Severity, Age, Gender, and Comorbidity. *European Child and Adolescent Psychiatry*.
- [Under review] Ivarsson, T., Jensen, S., Højgaard, D. R. M. A., Hybel, K., Torp, N. C., Melin, K., Nissen, J. B., Weidle, B., Thomsen, P. H., Dahl, K., & Skarphedinsson, G. (2022). Remission and relapse across three years in paediatric OCD following evidence-based treatments. *Journal of the American Academy of Child and Adolescent Psychiatry*.
- Smáráson, Orri, Davíð R.M.A Højgaard, Sanne Jensen, Eric A. Storch, Gudmundur B. Arnkelsson, Lidewij H. Wolters, Nor Christian Torp, et al. "Long-Term Functional Impairment in Pediatric OCD after and during Treatment: An Analysis of Distinct Trajectories." *Psychiatry Research*, April 2023, 115223. <https://doi.org/10.1016/j.psychres.2023.115223>.
- Skarphedinsson, Gudmundur, Nor Christian Torp, Bernhard Weidle, Sanne Jensen, Tord Ivarsson, Katja Anna Hybel, Judith B. Nissen, Per Hove Thomsen, and Davíð R. M. A. Højgaard. "Family Accommodation in Pediatric Obsessive-Compulsive Disorder: Investigating Prevalence and Clinical Correlates in the NordLOTS Study." *Child Psychiatry & Human Development*, September 8, 2023. <https://doi.org/10.1007/s10578-023-01602-0>.
- Schultz Isaksen, Cecilie, Katja Anna Hybel, Lidewij Wolters, David R. M. A. Højgaard, Lara Farrell, and Per Hove Thomsen. "Metacognition in Children and Adolescents with Obsessive-Compulsive Disorder Treated with Cognitive Behavioral Therapy." *European Child & Adolescent Psychiatry*, 2022.
- Højgaard, Davíð R.M.A., Trine Wigh Arildskov, Gudmundur Skarphedinsson, Katja A. Hybel, Tord Ivarsson, Bernhard Weidle, Karin Melin, Nor Christian Torp, and Per Hove Thomsen. "Do Autistic Traits Predict Outcome of Cognitive Behavioral Therapy in Pediatric Obsessive-Compulsive Disorder?" *Research on Child and Adolescent Psychopathology*, May 18, 2023. <https://doi.org/10.1007/s10802-023-01078-5>.
- Duholm, C. S., Jensen, S., Rask, C. U., Thomsen, P. H., Ivarsson, T., Skarphedinsson, G., Torp, N. C., Weidle, B., Nissen, J. B., & Højgaard, D. R. M. A. (2022). Specific Contamination Symptoms are Associated with Experiencing a Limited Response of Cognitive-Behavioral Therapy in Pediatric Patients with OCD. *Child Psychiatry & Human Development*. <https://doi.org/10.1007/s10578-022-01480-y>
- Jensen, S., Mortensen, E. L., Skarphedinsson, G., Højgaard, D. R., Hybel, K. A., Nissen, J. B., Tord Ivarsson, Weidle, B., Torp, N. C., & Thomsen, P. H. (2022). Long-term remission status in pediatric obsessive-compulsive disorder: Evaluating the predictive value of symptom severity after treatment. *Psychiatry Research*, 317. <https://doi.org/10.1016/j.psychres.2022.114906>
- Ólafsdóttir, Þ., Weidle, B., Ivarsson, T., Højgaard, D. R. M. A., Melin, K., Nissen, J. B., ... Skarphedinsson, G. (2022). Body Dysmorphic Symptoms in Youth with Obsessive-compulsive Disorder: Prevalence, Clinical Correlates, and Cognitive Weidle B, Skarphedinsson G, Højgaard DRMA, et al. Sexual obsessions in children and adolescents: Prevalence, clinical correlates, response to cognitive-behavior therapy and long-term follow up. *J Obsessive Compuls Relat Disord*. 2022;32(January):100708. doi:10.1016/j.jocrd.2022.100708
- Jónsdóttir, H., Agnarsdóttir, H., Jóhannsdóttir, H., Smáráson, O., Harðardóttir, H. H., Højgaard, D. R. M. A., & Skarphedinsson, G. (2021). Parent-youth agreement on psychiatric diagnoses and symptoms: results from an adolescent outpatient clinical sample. *Nordic Journal of Psychiatry*, 0(0), 1-8. <https://doi.org/10.1080/08039488.2021.2002405>
- Sharma, E., Sharma, L. P., Balachander, S., Lin, B., Manohar, H., Khanna, P., ... Højgaard, D. R. M. A ... Stewart, S. E. (2021). Comorbidities in Obsessive-Compulsive Disorder Across the Lifespan: A Systematic Review and Meta-Analysis. *Frontiers in Psychiatry*, 12(November). <https://doi.org/10.3389/fpsy.2021.703701>
- Jensen, S., Hybel, K. A., Højgaard, D. R. M. A., Nissen, J. B., Weidle, B., Ivarsson, T., Skarphedinsson, G., Melin, K., Torp, N. C., Carlsen, A. H., Mortensen, E. L., Lenhard, F., Compton, S. N., & Thomsen, P. H. (2021). Quality of life in pediatric patients with obsessive-compulsive disorder during and 3 years after stepped-care treatment. *European Child & Adolescent Psychiatry*, 0123456789. <https://doi.org/10.1007/s00787-021-01775-w>
- Smáráson, O., Weidle, B., Højgaard, D. R. M. A., Torp, N. C., Ivarsson, T., Nissen, J. B., Thomsen, P. H., & Skarphedinsson, G. (2021). Younger versus Older Children with Obsessive-Compulsive Disorder: Symptoms, Severity and Impairment. *Journal of Obsessive-Compulsive and Related Disorders*, 100646. <https://doi.org/10.1016/j.jocrd.2021.100646>

- Kjeldbjerg, M. L., Clausen, L., & Højgaard, D. R. M. A. (2021). Factor analysis of the eating disorder examination in a sample of female adolescents and adults with eating disorders. *International Journal of Eating Disorders*, January. <https://doi.org/10.1002/eat.23475>
- Højgaard, D. R. M. A., Duholm, C., Nissen, J. B., Jensen, S., & Højgaard, R. M. A. (2021). Immediate reactions to the covid-19 pandemic in adults with obsessive-compulsive disorder: a self-report survey. *Nordic Journal of Psychiatry*, 0(0), 1–8. <https://doi.org/10.1080/08039488.2021.1912823>
- Duholm, C. S., Højgaard, D. R. M. A., Skarphedinsson, G., Thomsen, P. H., & Rask, C. U. (2021). Health anxiety symptoms in pediatric obsessive–compulsive disorder: patient characteristics and effect on treatment outcome. *European Child & Adolescent Psychiatry*, 0123456789. <https://doi.org/10.1007/s00787-021-01774-x>
- Jensen, S., Højgaard, D. R. M. A., Hybel, K. A., Mortensen, E. L., Skarphedinsson, G., Melin, K., Ivarsson, T., Nissen, J. B., Weidle, B., Valderhaug, R., Torp, N. C., Dahl, K., Compton, S., & Thomsen, P. H. (2020). Distinct trajectories of long-term symptom severity in pediatric obsessive–compulsive disorder during and after stepped-care treatment. *Journal of Child Psychology and Psychiatry*, 61(9), 969–978. <https://doi.org/10.1111/jcpp.13155>
- Melin, K., Skarphedinsson, G., Thomsen, P. H., Weidle, B., Torp, N. C., Valderhaug, R., Højgaard, D. R. M. A., Hybel, K. A., Nissen, J. B., Jensen, S., Dahl, K., Skärsäter, I., Haugland, B. S., & Ivarsson, T. (2020). Treatment Gains Are Sustainable in Pediatric Obsessive-Compulsive Disorder: Three-Year Follow-Up From the NordLOTS. *Journal of the American Academy of Child & Adolescent Psychiatry*, 59(2), 244–253. <https://doi.org/10.1016/j.jaac.2019.01.010>
- Selles, R. R., Højgaard, D. R. M. A., Ivarsson, T., Thomsen, P. H., McBride, N. M., Storch, E. A., Geller, D., Wilhelm, S., Farrell, L. J., Waters, A. M., Mathieu, S., & Stewart, S. E. (2020). Avoidance, Insight, Impairment Recognition Concordance, and Cognitive-Behavioral Therapy Outcomes in Pediatric Obsessive-Compulsive Disorder. *Journal of the American Academy of Child & Adolescent Psychiatry*, 59(5), 650–659.e2. <https://doi.org/10.1016/j.jaac.2019.05.030>
- Højgaard, D. R. M. A., Schneider, S. C., La Buissonnière-Ariza, V., Kay, B., Riemann, B. C., Jacobi, D., Eken, S., Lake, P., Nadeau, J., Goodman, W. K., McIngvale, E., & Storch, E. A. (2020). Predictors of treatment outcome for youth receiving intensive residential treatment for obsessive–compulsive disorder (OCD). *Cognitive Behaviour Therapy*, 49(4), 294–306. <https://doi.org/10.1080/16506073.2019.1614977>
- Højgaard, D., & Thomsen, P. H. (2020, July). Hamstringsymptomer hos børn og unge med obsessiv-kompulsiv lidelse (OCD) og deres betydning for behandlingsudbytte. *Best Practice Nordic*. tbpno.dk/2020/07/02/hamstringsymptomer-hos-boern-og-unge-med-obsessiv-kompulsiv-lidelse-ocd-og-deres-betydning-for-behandlingsudbytte/
- Højgaard, D. R. M. A., & Skarphedinsson, G. (2020). Assessment, treatment and the importance of early intervention of childhood hoarding. *Children Australia*, 1–8. <https://doi.org/10.1017/cha.2020.17>
- Sanne, J., Katja A, H., Davíð R, H., Becker, N. J., Gudmundur, S., Christian, T. N., Tord, I., Bernhard, W., Lykke, M. E., Helles, C. A., Karin, M., Scott, C., & Hove, T. P. (2020). The Children’s Yale-Brown Obsessive-Compulsive Scale’s auxiliary items: Long-term outcome. *Journal of Obsessive-Compulsive and Related Disorders*, 100589. <https://doi.org/10.1016/j.jocrd.2020.100589>
- Nissen, J. B., Højgaard, D. R. M. A., & Thomsen, P. H. (2020). The immediate effect of COVID-19 pandemic on children and adolescents with obsessive compulsive disorder. *BMC Psychiatry*, 20(1), 511. <https://doi.org/10.1186/s12888-020-02905-5>
- Jensen, S., Højgaard, D. R. M. A., Hybel, K. A., Mortensen, E. L., Skarphedinsson, G., Melin, K., ... Thomsen, P. H. (2019). Distinct trajectories of long-term symptom severity in pediatric obsessive–compulsive disorder during and after stepped-care treatment. *Journal of Child Psychology and Psychiatry*, jcpp.13155. <https://doi.org/10.1111/jcpp.13155>
- Højgaard, D. R. M. A., Schneider, S. C., La Buissonnière-Ariza, V., Kay, B., Riemann, B. C., Jacobi, D., ... Storch, E. A. (2019). Predictors of treatment outcome for youth receiving intensive residential treatment for obsessive–compulsive disorder (OCD). *Cognitive Behaviour Therapy*, 1–13. <https://doi.org/10.1080/16506073.2019.1614977>
- Højgaard, D. R. M. A., Nissen, J. B., Hybel, K. A., & Thomsen, P. H. (2019). Behandling af obsessiv kompulsiv lidelse hos børn og unge. *Ugeskrift for Læger*.
- Kragh, K., Husby, M., Melin, K., Weidle, B., Torp, N. C., Højgaard, D. R. M. A., ... Skarphedinsson, G. (2019). Convergent and divergent validity of the schedule for affective disorders and schizophrenia for school-age children – present and lifetime version diagnoses in a sample of children and adolescents with obsessive–compulsive disorder. *Nordic Journal of Psychiatry*, 0(0), 1–7. <https://doi.org/10.1080/08039488.2019.1571628>

- Højgaard DRMA, Skarphedinsson G, Ivarsson T, Weidle B, Becker J. Hoarding in children and adolescents with obsessive – compulsive disorder: prevalence, clinical correlates, and cognitive behavioral therapy outcome. *Eur Child Adolesc Psychiatry*. 2019. doi:10.1007/s00787-019-01276-x.
- Selles, R. R., Højgaard, D. R. M. A., Ivarsson, T., Thomsen, P. H., McBride, N., Storch, E. A., ... Stewart, S. E. (2018). Symptom Insight in Pediatric Obsessive-Compulsive Disorder: Outcomes of an International Aggregated Cross-Sectional Sample. *Journal of the American Academy of Child & Adolescent Psychiatry*, 57(8), 615–619.e5. <https://doi.org/10.1016/j.jaac.2018.04.012>
- Højgaard DRMA, Hybel KA, Mortensen EL, et al. Obsessive-compulsive symptom dimensions: Association with comorbidity profiles and cognitive-behavioral therapy outcome in pediatric obsessive-compulsive disorder. *Psychiatry Res*. 2018;270(June 2017):317-323. doi:10.1016/j.psychres.2018.09.054.
- Schultz C, Lambek R, Højgaard D, et al. Psychometric validation of a Danish version of the Obsessive Beliefs Questionnaire - Child Version (OBQ-CV). *Nord J Psychiatry*. 2018;0(0):1-9. doi:10.1080/08039488.2018.1513068.
- La Buissonnière-Ariza, V., Schneider, S. C., Højgaard, D., Kay, B. C., Riemann, B. C., Eken, S. C., ... Storch, E. A. (2018). Family accommodation of anxiety symptoms in youth undergoing intensive multimodal treatment for anxiety disorders and obsessive-compulsive disorder: Nature, clinical correlates, and treatment response. *Comprehensive Psychiatry*, 80, 1–13. <https://doi.org/10.1016/j.comppsy.2017.07.012>
- Schneider, S. C., La Buissonnière-Ariza, V., Højgaard, D. R. M. A., Kay, B. S., Riemann, B. C., Eken, S. C., ... Storch, E. A. (2017). Multimodal Residential Treatment for Adolescent Anxiety: Outcome and Associations with Pre-treatment Variables. *Child Psychiatry & Human Development*, 0(0), 0. <https://doi.org/10.1007/s10578-017-0762-8>
- Hybel, K. A., Mortensen, E. L., Lambek, R., Højgaard, D. R. M. A., & Thomsen, P. H. (2017). Executive function predicts cognitive-behavioral therapy response in childhood obsessive-compulsive disorder. *Behaviour Research and Therapy*, 99, 11–18. <https://doi.org/10.1016/j.brat.2017.08.009>
- Højgaard, D. R. M. A., Hybel, K. A., Ivarsson, T., Skarphedinsson, G., Becker Nissen, J., Weidle, B., ... Thomsen, P. H. (2017). One-Year Outcome for Responders of Cognitive-Behavioral Therapy for Pediatric Obsessive-Compulsive Disorder. *Journal of the American Academy of Child & Adolescent Psychiatry*, 56(11), 940–947.e1. <https://doi.org/10.1016/j.jaac.2017.09.002>
- Hybel, K. A., Lykke Mortensen, E., Højgaard, D. R. M. A., Lambek, R., & Hove Thomsen, P. (2017). Symptom profiles and executive function in childhood obsessive-compulsive disorder. *Journal of Obsessive-Compulsive and Related Disorders*, 14(May), 36–46. <https://doi.org/10.1016/j.jocrd.2017.05.003>
- Højgaard, D. R. M. A., Mortensen, E. L., Ivarsson, T., Hybel, K., Skarphedinsson, G., Nissen, J. B., ... Thomsen, P. H. (2017). Structure and clinical correlates of obsessive-compulsive symptoms in a large sample of children and adolescents: a factor analytic study across five nations. *European Child & Adolescent Psychiatry*, 26(3), 281–291. <https://doi.org/10.1007/s00787-016-0887-5>
- Højgaard, D. R. M. A., Skarphedinsson, G., Nissen, J. B., Hybel, K. A., Ivarsson, T., & Thomsen, P. H. (2016). Pediatric obsessive-compulsive disorder with tic symptoms: clinical presentation and treatment outcome. *European Child & Adolescent Psychiatry*. <http://doi.org/10.1007/s00787-016-0936-0>
- Nissen, J. B., Skarphedinsson, G., Weidle, B., Torp, N. C., Lenhard, F., Dahl, K., ... Thomsen, P. H. (2016). Familial occurrence of tic disorder, anxiety and depression is associated with the clinical presentation of obsessive compulsive disorder (OCD) in children and adolescents. *Journal of Obsessive-Compulsive and Related Disorders*, 9, 59–65. <http://doi.org/10.1016/j.jocrd.2016.03.001>
- Arildskov, T. W., Højgaard, D. R. M. A., Skarphedinsson, G., Per, ., Thomsen, H., Ivarsson, T., ... Hybel, A. (2015). Subclinical autism spectrum symptoms in pediatric obsessive-compulsive disorder. *European Child & Adolescent Psychiatry*. <http://doi.org/10.1007/s00787-015-0782-5>
- Skarphedinsson, G., Melin, K. H., Valderhaug, R., Wentzel-Larsen, T., Martinsson, D. R., Thomsen, P. H., & Ivarsson, T. (2015). Evaluation of the factor structure of the Child Obsessive-Compulsive Impact Scale – Revised (COIS-R) in Scandinavia with confirmatory factor analysis. *Journal of Obsessive-Compulsive and Related Disorders*. <http://doi.org/10.1016/j.jocrd.2015.03.005>
- Smári, J., Martinsson, D. R., & Einarsson, H. (2010). Rearing practices and impulsivity/hyperactivity symptoms in relation to inflated responsibility and obsessive-compulsive symptoms. *Scandinavian Journal of Psychology*. <http://doi.org/10.1111/j.1467-9450.2010.00819.x>

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Smári, J., Martinsson, D. R., & Einarsson, H. (2009). Áhættuþættir þráhyggju fyrir ofurábyrgðarkennd og árættuþráhyggju. *Ráðstefnurit*, 7–12. Retrieved from <http://hirsla.lsh.is/lsh/bitstream/2336/86236/1/S2009-14-F-G2.pdf>

Book Chapters

- Hybel, K., Jensen, S., & Højgaard, D. R. M. A. (2023). "I am so much more than OCD": A case illustration of key elements in a Danish group-based CBT program for youth with OCD. In C. Martin, V. Patel, & V. Preedy (Eds.), *Handbook of Lifespan Cognitive Behavioral Therapy Childhood, Adolescence, Pregnancy, Adulthood, and Aging* (1st ed.). Elsevier.
- Skarphedinsson, G., Højgaard, D. R. M. A., Hybel, K., Thomsen, P. H., & Ivarsson, T. (2023). Standard individual cognitive behavioral therapy for children and adolescents with pediatric obsessive-compulsive disorder. In C. Martin, V. Patel, & V. Preedy (Eds.), *Handbook of Lifespan Cognitive Behavioral Therapy Childhood, Adolescence, Pregnancy, Adulthood, and Aging* (1st ed.). Elsevier.
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Magazine publications (not peer reviewed)

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